

5 kM Heren 40 t/m 49

Positie	Naam	Woonplaats	Loop 1	Loop 2	Loop 3	Loop 4	Eindtijd
1	SJOERD HERMSEN	OOSTERBEEK	00:18:35:925	00:18:58:911	00:19:31:480	--:--:--:--	00:57:06:316
2	NIELS ROSEBOOM	DUIVEN	--:--:--:--	00:19:14:855	00:20:02:480	00:18:59:229	00:58:16:564
3	WILLEM BOLCK	WESTERVOORT	00:19:58:873	00:19:51:551	00:20:50:840	00:19:36:669	00:59:27:093
4	BJORN GROENEN	PANNERDEN	00:20:02:607	--:--:--:--	00:20:43:488	00:19:33:324	01:00:19:419
5	FREEK SPANBROEK	TOLKAMER	00:20:45:124	00:20:02:500	--:--:--:--	00:19:50:036	01:00:37:660
6	ROEL HENDRIKSEN	DOETINCHEM	00:20:41:788	--:--:--:--	00:21:22:207	00:20:08:229	01:02:12:224
7	TERRY JURRIUS	AERDT	00:21:15:105	00:22:09:543	--:--:--:--	00:21:47:868	01:05:12:516
8	SANDER WEIJL	TOLKAMER	00:21:54:918	--:--:--:--	00:23:25:792	00:21:59:244	01:07:19:954
9	HANS HETTERSCHIJT	ZEVENAAR	00:22:58:500	--:--:--:--	00:23:17:048	00:21:50:540	01:08:06:088
10	ANDRE BERENDSEN	PANNERDEN	00:22:47:500	00:22:27:055	00:22:53:975	--:--:--:--	01:08:08:530
11	MIKE SCHREVEN	ZEVENAAR	00:23:39:711	00:22:42:500	--:--:--:--	00:22:35:604	01:08:57:815
12	WOUTER KOOISTRA	ULFT	00:23:08:205	00:23:14:071	--:--:--:--	00:22:48:252	01:09:10:528
13	MAARTEN HOUTRIET	BENNEKOM	00:23:24:746	00:23:39:671	00:23:56:680	00:24:15:228	01:11:01:097
14	SJOERD HOLKENBORG	GROESSEN	00:24:17:865	00:24:15:471	--:--:--:--	00:23:31:947	01:12:05:283
15	ROCCO VAN DICK	ZEVENAAR	00:24:35:043	00:24:52:500	00:24:44:688	00:24:06:644	01:13:26:375
16	ROBERT NIJLAND	PANNERDEN	00:35:28:109	00:26:18:078	00:25:01:672	00:22:27:308	01:13:47:058
17	RALPH MEIJER	GROESSEN	00:24:38:816	--:--:--:--	00:25:28:592	00:24:39:364	01:14:46:772
18	HIDDE ESSERS	ZEVENAAR	00:24:44:730	00:24:57:191	--:--:--:--	00:25:06:020	01:14:47:941
19	JAN-WILLEM VINKE	ZEVENAAR	--:--:--:--	00:25:08:500	00:25:25:624	00:24:24:203	01:14:58:327
20	GERBEN VAN DE LOOI	GROESSEN	00:26:52:717	00:26:05:263	--:--:--:--	00:26:12:388	01:19:10:368
21	NIEK NIEBUUR	ARNHEM	00:26:23:526	00:26:12:431	00:28:01:136	--:--:--:--	01:20:37:093
22	LUUK WEZENDONK	PANNERDEN	00:27:15:867	00:27:24:479	00:28:25:767	00:27:04:068	01:21:44:414
23	JHON RIOS	ZEVENAAR	00:29:40:556	00:29:42:751	00:31:27:991	--:--:--:--	01:30:51:298